

Coaches



Head Track & Field Coach

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Bio:

This will be Coach Howdy Atkinson's tenth season as Head Coach and 8th season at Yuba College. In his first nine years with the program, he had over 50 athletes advance to the State Finals in over 70 events with over 25 earning All-Americans. Coach Howdy also seen 6 records fall at Yuba. Coach Atkinson has been Coach of the year 4 times. Coach Atkinson had 12 receive Athletes of the Year at Yuba College, including 10 Conference Athletes of the Year, one Regional Athlete of the Year, and a CCCAA Track and FIELD athlete of the YEAR. He also has had 2 State Champions, Darrell Kaanaana (Shot Put) and Hanah Smrt (Heptathlon). Prior to Yuba College Coach Howdy coached **four** seasons as Throw's and Multi's Coach at Butte College. In his four years with the program, he had had 25 athletes advance to the State Finals, 10 All-Americans, 3 State Champions and had five records fall (W-Shot Put, M-Shot Put, W-Hammer, W-Javelin and W-Heptathlon). In his time at Butte, the women had set 25 new top 10 records and the men had set 13 new top 10 records. Howdy also spent seasons at CSU Chico (3 years), Chico high (2 years), Amador High (1 year) and Yuba City High (1 year).

As an athlete, he competed at CSU Chico where he was an All-American in the Shot Put taking 4th at Nationals in 2003; he was also ranked 17th in the discus and 25th in the hammer. He brings his experience as a former All-American, and the success of having a conference champion every year he

has coached. Coach Howdy would like to see the field events become the best in the state every year. Howdy Atkinson is married to Meagan Atkinson, she teaches in the Yuba City School district.



Ryan Donahoe

Head Throws Coach

This will be Ryan's second year at Yuba College as Head Throws Coach. Ryan is a former 2x All-American Athlete and school record holder and Conference Champion (Shot Put) at Yuba College. He received an Athletic Scholarship from Tiffin University. Yuba College is excited to add Ryan to help maintain our efforts to be the top throwing team in the nation! He will work hand in hand with Howdy to grow our team and give our athletes the best opportunity to move on to the next level. Austin Greer and Kyle will assist Ryan in the throws.



Jordan Sanders

Title: Assistant Coach (Jumps)

Bob Miller

Title: Assistant Coach (Distance)

Jay Meder

Title: Assistant Coach (Sprints & Hurdles)