

**Yuba Community College District**  
**Sports Medicine Participation Agreement**  
**Awareness of Risk**

It is important for all student athletes to know that there is always a risk of bodily injury when participating in competitive intercollegiate athletics. It is possible that these injuries may be catastrophic, meaning permanent, serious injury, including partial paralysis, total paralysis or even death.

“Because of the dangers of participation in sport, I recognize the importance of listening to and following all of the coach’s and certified athletic trainer’s instructions and warnings regarding playing strategies, training methods, rules of sport, injury rehabilitation and other team rules. I also recognize the importance of reading and adhering to all written instruction and written warnings regarding playing techniques, training methods, rules of sport and other team rules. I understand that all instructions and warnings, verbal and written are incorporated by reference to this agreement and I hereby promise to obey all such instructions and warnings.”

I have read the above statement and fully understand its implications. I acknowledge the risk inherent in sport and choose to participate with this knowledge.

Athlete’s Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_

Parent/Guardian Signature (if under 18 yr. old): \_\_\_\_\_ Date: \_\_\_\_\_

Sport: \_\_\_\_\_