

## Joining SportsWareOnline

Instruction			Example
Go to <u>www.swol123.net</u>			PORTSWARE
Scroll down and click on Join SportsW	Vare		ATHLETE/PARENT Want to join Sportsware? Join SportsWare
Enter School ID- Yuba49	PLEASE I School ID	NPUT YOUR INFORMATION TO	JOIN SPORTSWARE (ID you received from the Athletics Department) Next Cancel
Enter your First Name, Last Name, Da Birth, and Email.	ate of	PLEASE INPUT YOUR INFORMAT Athlete's First Name Athlete's Last Name	TION TO JOIN SPORTSWARE
Select <b>Yuba College</b> as your school send.	and	Athlete's Date of birth No Register as a Parent Email Select your school/college	(If athlete is a minor you can use a parent's e-mail address)
Your request to join SportsWare will review. Once accepted, you will rece the subject " SportsWare request acc	ive an e	-mail with 🔺	om webpage

Open acceptance e-mail and click the <u>www.swol123.net</u> link to continue to SportsWareOnline.

### Setting Your Password

Instruction		Example
	SIGN IN	
Go to <u>www.swol123.net</u> , enter your e-mail address	e-Mail	
then click "Reset Password"	Password	
	Login	
	Reset Password / For	got Password

You will receive an e-mail with the subject-"SportsWareOnLine Password Request".

Open the e-mail and click on the link to reset your password.

Enter your e-mail address, new password and click the Save button.

RESET PASSWORD		Save
Online Access e-Mail		
New Password		
Confirm Password		
Password Requirements: Must be at least 8 characters long. Must have at least 1 number. Must have at least 1 upper case character. Must have at least 1 lower case character. Must have at least 1 special character !@#\$*()-+:	-{(]};;<> ./?	

# **Updating Your Information**

### Instruction

#### Example

	SIGN IN
Go to www.swol123.net ,enter your e-mail address	e-Mail
and password, then click the <b>Login</b> button.	Password
You have now accessed your Athlete-Portal	Login
	Reset Password / Forgot Password
On the left is the Menu Bar:	All My Info
My Info- Update your address, emergency contact	
and insurance information.	Med History
<b>COVID-19-</b> Screening form to be completed upon request.	COVID-19
Med History- Complete the Medical History Questionnair	
Forms- View/complete required paperwork. Note: Sports	ware 🔗 Forms
will also display "You have ? forms to complete/download	d″
Print- Allows for printing of selected Information and Med	dical 🖶 Print 🗸
History.	Logout