Complio Checklist- Reference for Provider Appointment

1st Provider Appointment

Contact your provider (or any licensed provider) to schedule your physical, labs, and vaccines (if needed)

Bring the following documents to your appointment

- YC Nursing Physical
- YC TB Screening Form
- YC Influenza Declination (if you are seeking a medical exemption for the influenza vaccine)

At your physical get the following completed

- YC Nursing Physical- ensure all medications are listed and the form is completed in its entirety. (Cannot be completed more than 90 days prior to the start of the program)
- YC TB Screening- get the form completed and signed by your licensed provider
- Get labs ordered
    - Titers (titer results are valid for 10 years)
        - MMR IGG panel (measles, mumps, rubella) Immune status
        - Varicella Zoster Virus antibody (IGG)
        - Hepatitis B surface antibody
    - QuantiFERON Gold (must be drawn no more than 60 days prior to the start of the program)
- Get out of date immunizations
    - Tdap (valid for 10 years)
    - Current season's influenza vaccine
        - If you need a medical influenza declination, ensure the YC Influenza Declination is completed in its entirety.
    - COVID vaccine- the below options are acceptable
        - Initial 2 dose series from Pfizer, Moderna, or Novavax (was available until April 2023)
        - Initial Johnson & Johnson 1 dose series (was available until April 2023)
        - Bivalent Pfizer or Moderna 1 dose series (available from September 1, 2022, until September 10, 2023)
        - Pfizer or Moderna 2023-2024 single dose series (series became available on September 11, 2023)
        - If you are requesting a COVID declination, the process is handled by the Yuba College COVID manager. If you are planning on seeking a MEDICAL COVID exemption, get a note from your provider explaining your need for a medical exemption.

Follow up Provider Appointments

If any of your titers come back as equivalent or non-immune/negative, you must work with your provider to complete a Booster series. Below is the Boost timeline outlined in Complio, but if your provider recommends a different booster timeline, you must receive a note from your provider outlining the proposed timeline.

- MMR
    - 1st Booster- after receiving negative/non-immune or equivocal results
    - 2nd Booster- 60 days after the 1st Booster
    - Repeat Titer- 60 days after the 2nd Booster
- Varicella
    - 1st Booster- after receiving negative/non-immune or equivocal results
    - 2nd Booster- 60 days after the 1st Booster
    - Repeat Titer- 60 days after the 2nd Booster
- Hepatitis B
    - 1st Booster- after receiving negative/non-immune or equivocal results
    - 2nd Booster- 30 days after the 1st Booster
    - 3rd Booster- 150 days after the 2nd Booster
    - Repeat Titer- 60 days after the 2nd Booster
- If any of your repeat titers are also showing that you are not immune or equivocal, you must get a note from your provider stating you are a "non-converter"

If your QuantiFERON lab is positive, you must obtain a negative Chest Xray. This Chest Xray (Cannot be completed more than 90 days prior to the start of the program). This Chest Xray will be valid through the entirety of the 2-year program.