

# Kinship and Relative Education & Support

(530) 741-6750 • http://yc.yccd.edu/campus/care/default Yuba College • 2088 North Beale Road • Marysville, CA 95901

# "September 2015"

"Begin <u>family traditions</u> such as game night, seasonal outings or movie night."

## Sept 3rd, Thursday, 10:00a.m.

"Advocating for your Child—In the swing of School" Bring you ideas and concerns about the new school year. Discussion & tools that worked or that didn't help will be shared. This is open to ALL parents, pre-adoptive & adoptive families regardless of the type of parenting, age of child or agency affiliation.

Cooper Ave Baptist, Yuba City by: Leslie Damshroeder,

MSW, Post Adoption Social Worker call 741-6750 to RSVP Child Care provided

#### Sept 9, Wednesday 9:30am

"Increasing School & College Success & Motivation" In this presentation, you will learn about programs & resources available to foster youth after they graduate from high school. In addition, you will also learn about ways to increase motivation in your foster teen to increase high school & potentially college suc-

By: Stephanie Fischer, MFT **Cooper Ave Baptist Church** 

741-6750 to RSVP Child care provided

# Sept 10<sup>th</sup>, Thursday, 6:45p.m.

"Fear, Stress & Overwhelmed"

Hear about putting LOVE into action to help deal with the fear and stress that leads to a child being overwhelmed. Learn about what works and doesn't work for a traumatized child/youth.

Beyond Consequences Live #2 DVD by Heather Forbes, LCSW

741-6750 to RSVP Child care provided **Cooper Ave Baptist Church** 



## Pre Service

Sept 14th "Pre Service #5 "Pre Service #6 Sept 21st

"Pre Service #7 Sept 28th

For more information or to RSVP call 741-6750

Yuba College, Collins Hall Building 1300,

upstairs room #1321

# Sept 15th, TUESDAY 9:00 a.m.

"Back to School"

BRING YOUR PICTURES! One kit will be provided. Join in the networking and fun as memories Cooper Ave Baptist Church are created.

741-6750 to RSVP Child Care provided



### Yuba College

Collins Hall, bldg 1300, room #1321 Parking Pass NOT required In East General parking Lot

# Sept 16th, Wednesday 5:30p.m. POTS (over dinner)

"California Ombudsman"

Join with foster youth to hear about the rights and regulations they are entitled to for their benefits. Learn how to better support youth for success in many aspects of their life. **RSVP** is a MUST 741-6750

**Meet in Flavors Campus Restaurant** Child Care with <u>a meal</u> will be provided ~ RSVP required ~

RSVP is required to ensure there is enough food for everyone



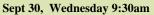
### Sept 28th, Monday, 6:30p.m.

"Medication for ADHD—Yes or No?"

This session of Positive power for AD/HD will review current information about the purpose and effectiveness of medication treatment for AD/HD.

by: Mary Pickering, LCSW

**Cooper Ave Baptist Church** call 741-6750 to RSVP Child care provided



Do you have a foster child who is diagnosed with Post Traumatic Stress Disorder (PTSD) or has been diagnosed with PTSD? In this presentation, you will learn more about it and the impact that it has on your child.

By: Stephanie Fischer, MFT

**Cooper Ave Baptist Church** 

Child care provided

741-6750 to RSVP

#### October

- Positive Coping Skills a.m.
- Advocating for your Child a.m.
- Beyond Consequences p.m.
- 13 Life Books a.m.
- 15 Teaching children how to manage: Mind, Body & Emotions p.m.
- Pre Service #1
- 21 Depression a.m.
- 22 CPR
- 26 ADHD

# **Cooper Avenue Baptist Church**

804 Cooper Ave, Yuba City Parking lot on Clark Ave.



