Program Review Report

Yuba Community College District

YC - PE & Health Program Recommendations

Program Description: Physical Education, Health and Athletics offers programs and services to enhance the overall health and well being of the Yuba College students. Further, the Athletic program provides opportunities for the athletes to compete in organized sports at the community college level.

Year of Review: 2012-2013

Type of Review: Self-Study (4-year review)

Executive Summary: The Health and Physical Education/Athletic programs have undergone many changes since the last review. None bigger than the actual physical changes to the Physical Education/Athletic facilities along with the addition of the Sutter Center. Due to the state budget, the athletic travel budget has been reduced. This has created more pressure for the coaches and teams to develop fund raising events to augment their programs. In efforts to contain costs, the State Commission on Athletics has continued to reduce the number of contests along with reducing the number of teams participating in their respective state tournaments. In an effort to comply with less funding, the Physical Education and Health curriculum has reduced or eliminated low enrollment or multiple section activity classes. Interestingly PE/Health/Athletic classes continue to have a high retention rate with over 90% of the students completing classes that were enrolled the time of the census. Moreover students have a success rate of 76.5% where the student received a C or better in their course of study. And this has been the trend for the department for the past 5 years. Both retention and success rates are higher for this department than the overall general college population.

Over the past 5 years the HPE/Athletic department saw the retirement of 1 full-time faculty member who taught the adaptive PE classes. These classes are currently taught with adjunct instructors. The 2011 program review update indicated that this position is a top priority. The HPE/Athletic department currently has 4 full-time positions with 2 faculty members serving additionally as head coaches. There is a 2.5 part-time to fulltime faculty ratio with most of the intercollegiate sports being directed by off-campus (adjunct) head and assistant coaches. Because of the number and diverse Health/Physical education offerings, most of the curriculum is being taught with adjunct faculty. With two possible retirements looming for the HPE/Athletic department, clearly the need to replace the previous professor along with replacements for any future retirement is critical for programs to continue.

The past year has been one of transition. The department secretary left for new position at the Sutter Center and was not replaced until mid-September 2012. Additionally the department dean/AD was appointed as the interim college President. The plan is to refill the dean/AD position with a interim dean/AD. The department has made previous requests for a part-time secretary which has been included in every updated past program review for the past 5 years. Other support staff includes the equipment manager, full-time athletic trainer, part-time athletic trainer and outdoor facility maintenance person. Staff help is warranted to insure better services for all Yuba College students. For example, eligibility reporting must be done on a timely manner in order for the student-athletes to compete. Secretarial support would be helpful for this process. The Physical education classes has equipment that is used heavily by the students. Currently our equipment manager along with all of the other duties must try to maintain all the equipment and therefore having a part-time equipment person would allow for a faster repair of equipment which allows the students better opportunity to complete their assignments.

All student-athletes must complete a education plan to be eligible for competition. In this area the Athletic department

has been fortunate to have Greg Brown assist with helping the student-athlete complete their educational plan.However with Mr. Brown retirement, this position has not been refilled and the athletic department relies on adjunct faculty (Mr. Brown) to counsel the student-athletes. Full-time professors encourage students to meet with their counselor along with seeking support with financial aid, EOPS and DSPS. As pointed out the student success rate is over 76% compared with the college success rate of 69%.

Currently one of the challenges for the HPE/Athletic department is with statewide repeatability of courses. The full-time faculty have been meeting to address this concern and are developing the curriculum into families. The Intercollegiate classes will not be in families due to constraints with number of hours an athlete can be in a intercollegiate sport including the intercollegiate class (350 total hours per sport per year). The department will continue discussion and development of the PE curriculum to ensure that students have the best opportunity to choose the courses that will benefit their educational goal. The plan is to be completed by fall 2012.

Future Goals and Program Direction: The Measure J remodeling of the HPE/Athletic department is nearly completed. The entire remodel project has taken two to three years to complete. The changes outlined in the project has enhanced the function and appearance of the Physical Education Department bringing our facilities in line with the standards of other community colleges.
Staff will continue to complete the SLO's for all department courses.
Requests will continue to be made in an attempt to secure preferred registration for the student-athletes.
The HPE/Athletic division will develop and administer a student athletic interest survey to all college students taking physical education activity and health education classes. The information aquired will assist in working towards Title IX compliance.The YCCD student application has a survey addressing the interests for sports program that Yuba College offeres or a sports program that the student would be interested in participating.
All staff members will continue to work with the equipment manager to maintain the proper working condition of existing equipment, and support proposals for new purchases.
Due to the budget reduction, the maintenance division lost one full time facilities manager: field and facility maintenance is critical to our programs running smoothly. Any further reductions in resources could have a negative effect on the program/curriculum and present challenges to the HPE/Athletic division in maintaining its outstanding and quality program curriculum along with the ability to expand future offerings.
Additionally, loss of one full time HPE faculty instructor to retirement has been a challenge for the department as teaching sections have been filled with part-time instructors. This has been most acutely seen in the adaptive PE program where the instructor was not replaced. We have recommended the replacement of this instructor.
The PE/Health department is committed to providing class offerings at the new Sutter Center for the Fall of 2012 and Spring 2013. Presently, there are five Health classes offered at the new facility for Spring 2012. There will be five health classes offered in the Spring of 2013 along with yoga and a fitness class.
Lastly the HPE/Athletic department will continue to communicate and articulate with the Woodland and Lake campus to support their efforts for HPE offerings.

Curriculum & SLO Assessment Summary : The Health/Physical Education and Athletic department has achieved all class offers in having a course outlines including SLOs. Evidence suggests that the student success rateamong the health/physical education classes for the year 2011-2012 was 76.5% and this data was obtained through SLOs assessments. Additionally during that same period the retention rate that which is taken at student census date to student completion of the class was 90.9%. Both statistics are well above that of the college success and retention respectively. The overall five year success for the HPE/Athletic is in excess of 75% and for the retention rate is over 87%. This clearly shows that SLO's are being achieve in that curriculum. Further, the curriculum put forth by the HPE/Athletic reflects the changing needs of the students along with

diverse offering for the Yuba College population as evidence from the retention rate. These classes are popular.

Currently the challenge is bringing the HPE/Athletic curriculum in line with the state mandated repeatability policy. The process is to identify what classes can be repeated such as Intercollegiate sport and adaptive PE classes. Secondly, to develop families within the Physical Education activity classes.

Lastly, the HPE/Athletic is in process of changing the name of the curriculum to align itself with the trend with similar programs. This trend is to develop the curriculum which is acceptable to the CSU and the UC system for Transfer Model Curriculum (TMC). By changing the department and/or course names to Kinesiology which should be completed by December 2012, we will bring our courses more in line with the CSU, UC and community college systems. This will also help articulate our classes for transfer.

Recommendations	Plans of Action & Budgetary Impact / Tasks	Status	Feedback & Follow-Up
YC - PE & Health Program Recommendations - W Equipment Manager - Hire a part-time equipment manager .49 FTE **Year(s) Requested:** 2012-2013 **Recommendation Priority:** 3. High Priority	**Plan of Action:** Sumbit proposal to dean to forward to college council **Type:** Staffing - Other **Budgetary Impact:** $35,000 per year	03/10/2011 - Carrying foward for the following year with budgetary consideration **Recommendation Progress:** Recommendation Addressed/Satisfactory Progress **Reporting Year:** 2011-2012	
YC - PE & Health Program Recommendations - Reinstate more classes - Reinstate more classes as funds allow. **Year(s) Requested:** 2012-2013 **Recommendation Priority:** 1. Low Priority	**Plan of Action:** Make recommendations to the Dean **Type:** Curriculum/SLO **Budgetary Impact:** Minimal--Normal FTE Allotment	03/10/2011 - Forwarded request to college council **Recommendation Progress:** Recommendation Addressed/Satisfactory Progress **Reporting Year:** 2010-2011	06/28/2011 - to reinstate more classes, we need to secure more funding for repeatable courses.... this is based on the changes to the budget. **Approval Status:** Approved pending Funding **Follow-Up:** 06/28/2011 - We got the approval for the funding, we will be reinstating more classes soon.
YC - PE & Health Program Recommendations - Gym - Ongoing gym and althetic fields evaluation for activity classes as to the most effective times for useage.	**Plan of Action:** Provide input into the remodeling of the gym and prepare for classes in a remodeled space.	07/07/2011 - Worked with Measure J committe and contractors to prepare for move. Should be back in original offices by 7/15/2011. **Recommendation Progress:**	07/07/2011 - Slight delay in plan, back in offices by 7/20. **Approval Status:**

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Year(s) Requested: 2012-2013 **Request Date:** 10/14/2012 **Recommendation Priority:** 1. Low Priority	**Type:** Facilities **Budgetary Impact:** $0 **Perkins Eligible:** No	Recommendation Addressed/Satisfactory Progress **Reporting Year:** 2010-2011	Approved
YC - PE & Health Program Recommendations - Personal - Need to hire a full-time adaptive Physical Education Instructor **Year(s) Requested:** 2012-2013 **Request Date:** 10/14/2012 **Recommendation Priority:** 3. High Priority **Supporting Evidence (SLO, WSCH, etc.):** We have not had a full time instructor for the past 2 years. The department has and was granted this position in 2011 but because of budget cuts the position was not funded.	**Plan of Action:** Submit request faculty/staffing committee **Type:** Staffing - Faculty		
YC - PE & Health Program Recommendations - Evaluate current class offerings - Evaluate current Physical Education and Health classes offerings and determine if offering correspond to current offerings of other departments as in conflicts of times. Additionally assess the needs of the students as to time offering which also correspond to other current college offerings. **Year(s) Requested:** 2011-2012 **Request Date:** 01/24/2012 **Recommendation Priority:** 3. High Priority	**Plan of Action:** Current recommendation to add classes for the Sutter facility. Some changes have been made to the fall offerings which includes offering the Boot camp fitness class on a 4 day week format. **Budgetary Impact:** Unknown		

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Supporting Evidence (SLO, WSCH, etc.): Currently the college has classes offering that have 2 hour block with a Monday/Wednesday and Tuesday/Thursday class which then interfere with the ability to take MWF class. Looking at the PE/Health department class times will align the department with more of the college offering from other departments.			
YC - PE & Health Program Recommendations - Part-time department secretary - The department is in need for a part-time secretary. .49 FTE **Year(s) Requested:** 2012-2013 **Request Date:** 10/14/2012 **Recommendation Priority:** 2. Medium Priority	**Plan of Action:** This has been an ongoing concern for the department as to the workload for the current secretary is demanding. **Type:** Staffing - Other **Budgetary Impact:** Minimal		
	Plan of Action: Division will submit request in the Spring 2012 for this request. **Budgetary Impact:** $20,000/year		
YC - PE & Health Program Recommendations - Sutter Facility - Assess the need of classes to be offered at the new Sutter Facility, including staff along with what classes to be taught. **Year(s) Requested:** 2012-2013 **Recommendation Priority:** 3. High Priority **Supporting Evidence (SLO, WSCH, etc.):** With the addition of the Sutter facility, classes have been added to the schedule to	**Plan of Action:** Assess the need for facutly useage as determined by class offerings. **Type:** Staffing - Faculty **Budgetary Impact:** Unknown		
	Plan of Action: Fall schedule has included Health offerings for this facility. **Budgetary Impact:** unknown	09/28/2012 - Health/PE classes are offered with Health 1, First Aid, Fit walk and yoga classes being implemented in Fall 2012. **Recommendation Progress:** Recommendation Addressed/Satisfactory	

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accommodate those students. However there are limitation as to activity classes as there is no gym area for activity classes and currently the only two classes offered are health 1 and fitness walking.		Progress **Reporting Year:** 2012-2013	
YC - PE & Health Program Recommendations - Repeatability - Develop repeatability plan where classes are put into families and that student will have the ability to take classes in sequences. Revision of course outlines. **Year(s) Requested:** 2012-2013 **Request Date:** 09/28/2012 **Recommendation Priority:** 3. High Priority	**Plan of Action:** The department continues to meet throughout the fall semester to put classes into families. The intercollegiate classes are repeated type of classes. **Type:** Curriculum/SLO **Budgetary Impact:** None **Location:** YC Marysville Campus **DE Related:** No **HSI Related:** No		
YC - PE & Health Program Recommendations - Kinesiology - Department is changing the name to Kinesiology in order to better align with other community colleges with similar discipline and align with the four college curriculum. This would be part of the Transfer Model Curriculum (TMC). **Year(s) Requested:** 2012-2013 **Request Date:** 10/14/2012 **Recommendation Priority:** 3. High Priority	**Plan of Action:** Currently the name change has been forwarded to the curriculum committee. **Type:** Curriculum/SLO **Budgetary Impact:** Unknown **Perkins Eligible:** No **Location:** Yuba College - All **DE Related:** No **HSI Related:** No		

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