Assessment Report

Yuba Community College District

YC - PE & Health Program Recommendations

Year of Review: 2013-2014

Type of Review: Self-Study (4-year review)

Executive Summary (Include a list of team members): The Health and Physical Education/Athletic programs have undergone many changes since the last review. None bigger than the actual physical changes to the Physical Education/Athletic facilities along with the addition of the Sutter Center. Due to the state budget, the athletic travel budget has been reduced. This has created more pressure for the coaches and teams to develop fund raising events to augment their programs. The CCCAA (CA Comm Coll Athletic Assoc) has leveled off from reducing contests/matches and is now starting the processes of adding them back. In addition, rising costs of travel and officiating need to be addressed with more district support.

In an effort to comply with less funding, the Physical Education and Health curriculum has reduced or eliminated low enrollment or multiple section activity classes. Interestingly PE/Health/Athletic classes continue to have a high retention rate with over 90% of the students completing classes that were enrolled the time of the census. Moreover students have a success rate of 76.5% where the student received a C or better in their course of study. And this has been the trend for the department for the past 5 years. Both retention and success rates are higher for this department than the overall general college population.

Over the past 6 years the HPE/Athletic department saw the retirement of 3 full-time faculty members who taught the adaptive PE classes and general HPE classes with no backfilling of those positions. The adaptive classes are currently taught with adjunct instructors. The HPE/Athletic department currently has 3 full-time positions with 2 faculty members serving additionally as head coaches. Eight of the ten athletic programs are head coached by adjunct instructors. There is a 2.5 part-time to fulltime faculty ratio with most of the intercollegiate sports being directed by off-campus (adjunct) head and assistant coaches. Because of the number and diverse Health/Physical education offerings, most of the curriculum is being taught with adjunct faculty. Clearly the need to replace the previous professors who have retired along with replacements for any future retirements is critical for programs to continue.

The past year has been one of transition. The department secretary left for new position at the Sutter Center and was not replaced until mid-September 2012. Additionally the department dean/AD was appointed as the interim college President. We currently have an interim dean/AD. The department has made previous requests for a part-time secretary which has been included in every updated past program review for the past 5 years. Other support staff needed includes another equipment manager, full-time athletic trainer, part-time athletic trainer and an outdoor facility maintenance person. Staff help is warranted to insure better services for all Yuba College students. For example, eligibility reporting must be done on a timely manner in order for the student-athletes to compete. Secretarial support would be helpful for this process. The Physical Education classes and Athletic program have equipment that is used heavily by the students. Currently our equipment manager, along with all of the other duties, must try to maintain all the equipment. Therefore having a part-time equipment person would allow for a faster repair of equipment which allows the students better opportunity to complete their assignments.

All student-athletes must complete an education plan to be eligible for competition. In this area the Athletic Department has been fortunate to have Greg Brown assist with helping the student-athlete complete their educational plan. However with Mr. Brown's retirement, this position has not been refilled and the athletic department relies on adjunct faculty (Mr. Brown or Mr. Griffin)) to counsel the student-athletes. Full-time professors encourage students to meet with their counselor along with seeking support with financial aid, EOPS and DSPS. As pointed out the student success rate is over 76% compared with the college success rate of 69%.

Currently one of the challenges for the HPE/Athletic department is with statewide repeatability of courses. The full-time faculty have

been meeting to address this concern and are developing the curriculum into families. The Intercollegiate classes will not be in families due to constraints with number of hours an athlete can be in a intercollegiate sport including the intercollegiate class (350 total hours per sport per year). The department will continue discussions and development of the PE curriculum to ensure that students have the best opportunity to choose the courses that will benefit their educational goals.

Program Description : A1. Do students have access to curriculum-specific and/or program-specific support services? If so, describe this service(s). If not, explain why.

Currently there are no tutors available for students in our health courses.

Our student athletes are offered an orientation which provides a direct link between students and support services.

A2. If services are available, how do they demonstrate an increase in student success?

Counselors provide students with an Education Plan allowing them to schedule proper classes to obtain their AA. Athletic Trainers educate students on proper physical conditioning and rehabilitation of injuries. Athletic Dean provides counseling and education in regard to dropping and adding classes. Our Administrative Assistance provides scheduling of appointments and offering students information in regard to deadlines for academic purposes.

B3. How is current and previous program review data used to refine and improve program or department practices?

Program review is driving our department. Our course offerings and course groupings are based on our former program review. Our current program review is opening communication to practices, reviewing allocations and resources.

Data has allowed us to add or delete course offerings based on current practices. It has acted as a guide to our course offerings and improving our program. We also have data that supports athletics in terms of graduation and matriculation rates.

Curriculum & SLO Assessment Summary : D6. What has your program or department done to improve completion of degrees, certificates, or transfers? What are your future plans?

For the past year, our department has been working toward completing the AA-T degree in Kinesiology. We have developed a Health 3 (a three unit First Aid and CPR course) class that is one of the required elements of the degree. We have submitted our PE 20 and Health 3 courses for CID approval. The AA-T in Kinesiology is currently going to the curriculum committee for approval. From there it will need to be passed by the Yuba College Board of Trustees.

D7. Do you have any courses, certificates, or degrees that should be in-activated or expanded? If yes, please identify and justify your recommendations with data.

Currently, the HPE department has no certificate programs. We have contemplated developing certificates in Coaching, Fitness Specialists and Yoga instructions.

D8. Do all of your courses have current CORs? If not, what steps are you taking to ensure compliance?

As of Spring 2013 all of our courses that needed updating or revisions were completed. We need to get another list from the Curriculum Committee Chair as to which courses need to be updated during the 2013-2014 year.

D9. If applicable, how are teaching methodologies in your program or department assessed?

Teaching methodologies of our instructors are assessed during each instructor evaluation. Student evaluations are used to assess methodology effectiveness.

D10. If applicable, how are the results of the assessment used to support, improve, and/or expand your current teaching methodologies?

Individual instructors have used the results of SLO assessment to improve their instruction in various courses.

D11. If your program or department uses a DE modality to support instruction, how are you evaluating the effectiveness of that instruction?

Instructors do limited self-evaluations with their students. Our department SLO for health needs to be implemented into each Health course we teach online.

D12. If your department offers DE courses, what support services does it provide for DE students? What can be done to improve support services for these students?

Jeanette O'Bryan, not in the HPE department, is in the position to help students with DE issues. She is quick to respond to students and usually can rectify the issues. It would be great to have more DE training for the faculty, since they are the first line of help for the DE students. Having the DE specialist come to our department and give informational lessons on different aspects of the delivery

system would be beneficial to our instructors. Since we are switching to Canvas in Spring 2014, this is a critical time to have added assistance for the instructors and the students.
D13. How is your program or department applying sound principles of learning and teaching theory to its curriculum?
Our adjunct and full time faculty discuss teaching theory. We go over the current research in the area of Health and Physical Education. Collaboration of ideas are discussed.
Lecturing, demonstrating, modeling, repetition, using different modalities, etc.
D14. Which CSLOs (course student learning outcomes) and PLOs (Program learning outcomes) were assessed within the last year?
All of our CSLO have be assessed for each Health and Physical Education courses. We have been assessing them for multiple semesters. We have agreed to add two more CSLOs to each of our classes. This will give each of your coursed three SLOs to be assessed each semester.
Our PLO's are new and will be assessed.
D15. For each of the above, how did the assessment data influence program, department and/or course improvement?
Our SLO assessments have shown that our department is meeting expectations of the courses.

Industry Trends and Program Data Analysis :

C4. How do program or department goals align with the education, diversity, demographic, and workforce needs of local communities?
One of our department goals is to develop and implement our AA-T in Kinesiology. In the future as students graduate with this degree, they will transfer and continue to complete their education. These educated students will help the local community in areas of Kinesiology.
Another goal of our department is to promote healthy lifestyles and behaviors within the college and community. This aligns with the needs of our demographics and the community.
C5. How is your program or department direction driven by empirical data?
Empirical data has driven our scheduling of courses. It also shows trends in what courses to offer students in regard to adding new sports. ie: cross country

Future Goals and Program Direction:

E16.
How do program or department goals align with stated Yuba College goals?

HPE and Athletic Department Goals:
1) Promote and implement our new AA-T in Kinesiology to the student population. This can be accomplished through posters, instructor training, and counselors. (Yuba College Goal #5)
2) Promote and exhibit healthy lifestyle and behaviors within the college and local communities. (Yuba College Goal #8 and #9)
3) Develop and assess three SLO's for each of the courses we offer. (Yuba College Goal #1)
4) Continue to assess the current SLO's we have in place for each course. Use the results to affect offerings, methodology and modes of delivery of courses. (Yuba College Goal #1)
5) Require all of our HPE instructors to post their syllabus on the portal. Encourage HPE instructors to communicate with their students through the portal. Ie. Assignments, lecture information, announcements, etc. (Yuba College Goal #4)
6) With the removal of repeatability in many of our PE course offerings, we need to analyze and evaluate our PE course offerings. ie. When should the courses be offered, how many sections of the same course should be offered, etc. (Yuba College Goal #7)
7) Continue to meet and collaborate with the adjunct faculty. (Yuba College Goal #3, #4, and #6)
8) Update Yuba College Athletic Department Policies and Procedure Manual. Develop a Physical Education Instructor manual. (Yuba College Goal #4, #6 and #7)
9) Implementing a Student Athlete Success program. (Yuba College Goal #5 and #7)

Course Content and Statistical Analysis:

TBC

Are you ready to submit your final program review?:

Yes

Goal	Recommendations	Plan of Action & Budgetary Impact / Tasks	Status	Feedback & Follow-Up
YC Goal 5 - Promote and implement our new AA-T in Kinesiology to the student population. This can be accomplished through posters, instructor training, and counselors. (Yuba College Goal #5)				

Goal	Recommendations	Plan of Action & Budgetary Impact / Tasks	Status	Feedback & Follow-Up
YC Goal 8 - Promote and exhibit healthy lifestyle and behaviors within the college and local communities. (Yuba College Goal #8 and #9)				

Goal	Recommendations	Plan of Action & Budgetary Impact / Tasks	Status	Feedback & Follow-Up
YC Goal 1 - Develop and assess three SLO's for each of the courses we offer. (Yuba College Goal #1)				

Goal	Recommendations	Plan of Action & Budgetary Impact / Tasks	Status	Feedback & Follow-Up
YC Goal 1 - Continue to assess the current SLO's we have in place for each course. Use the results to affect offerings, methodology and modes of delivery of courses. (Yuba College Goal #1)				

Goal	Recommendations	Plan of Action & Budgetary Impact / Tasks	Status	Feedback & Follow-Up
YC Goal 4 - Require all of our HPE instructors to post their syllabus on the portal. Encourage HPE instructors to communicate with their students through the portal. Ie. Assignments, lecture information, announcements, etc. (Yuba College Goal #4)				

Goal	Recommendations	Plan of Action & Budgetary Impact / Tasks	Status	Feedback & Follow-Up
YC Goal 7 - With the removal of repeatability in many of our PE course offerings, we need to analyze and evaluate our PE course offerings. ie. When should the courses be offered? ...how many sections of the same course should be offered, etc? (Yuba College Goal #7)				

Goal	Recommendations	Plan of Action & Budgetary Impact / Tasks	Status	Feedback & Follow-Up
YC Goal 3 - Continue to meet and collaborate with the adjunct faculty. (Yuba College Goal #3, #4, and #6)				

Goal	Recommendations	Plan of Action & Budgetary Impact / Tasks	Status	Feedback & Follow-Up
YC Goal 4 - Update Yuba College Athletic Department Policies and Procedure Manual. Develop a Physical Education Instructor manual. (Yuba College Goal #4, #6 and #7)				

Goal	Recommendations	Plan of Action & Budgetary Impact / Tasks	Status	Feedback & Follow-Up
YC Goal 5 - Implementing a Student Athlete Success program. (Yuba College Goal #5 and #7)				

Goal	Recommendations	Plan of Action & Budgetary Impact / Tasks	Status	Feedback & Follow-Up
YCCD VS 3 - Many students benefit from our Athletic Program. They transfer to four year institutions with athletic scholarships. This is a much needed program for our students. Along with the students involved with the sports, our Athletic Program gives the campus a collegiate atmosphere that many students enjoy supporting.				

Goal	Recommendations	Plan of Action & Budgetary Impact / Tasks	Status	Feedback & Follow-Up

Goal	Recommendations	Plan of Action & Budgetary Impact / Tasks	Status	Feedback & Follow-Up
YCCD VS 1 - With the addition of our new AA-T in Kinesiology, that should be approved by Spring 2014, our department will be providing many students with educational experiences to become leaders in the field of Kinesiology.				

Goal	Recommendations	Plan of Action & Budgetary Impact / Tasks	Status	Feedback & Follow-Up
YCCD VS 2 - With the continued offering of our Athletic program, we are building an atmosphere of trust within our community that our students know our programs will be here for them to participate in. Also, if we are able to add cross country back, we will enrich our Track and Field team.				