

Child Development Center

Fall Program Newsletter



FAQ...for the director

Can my child bring in a treat for their birthday?

Yes, we invite children to celebrate with their friends. We do require any food coming in to the classroom be store bought. It is always nice to provide a non-treat food item in lieu of a food product too. Please see the Family Handbook pg. 25 for more details.

I just moved, do I have to let the office know?

Yes, home address and phone number are required to be updated as per the Family Handbook pg. 6.

My child had the stomach bug yesterday, do I have to bring a note from a doctor?

No, the program has a 24 hour policy for most illnesses and only a select few require a note from the child's doctor. See Family Handbook pg. 12 for more information.

Parent Shout Outs!



Thank you
Daniel Johnsons mom,
Margarita De La Vara for your
generous donation!



New Immunization Laws



Dates to Remember:

November 11, 2016

Closed Veteran's Day

November 24 & 25

Closed for Thanksgiving

Schedule changes for
Spring Semester

December 17

Last Day Fall Semester

December 24-Jan. 2

Closed for Winter Break

January 23, 2017

Spring Semester

Effective July 1, 2016 California changed the immunization law for children in child care programs:

California's new vaccination law, which often is called by its legislative title Senate Bill 277, went into effect July 1, 2016. To recap: Parents do not have to immunize their children. But under the new law, children must be immunized against 10 serious communicable diseases if they want to attend public or private schools and child care centers. If unvaccinated, children must be home schooled or enrolled in independent study with no classroom instruction.

It eliminates vaccine exemptions based on personal belief or religion, while maintaining the medical exemption.

For more information on SB 277 you can go to:
<http://www.shotsforschool.org/laws/>

Parent Shout Outs!

Shout Out to:

Esmeralda Garcia—who operated the Family BBQ welcome table and offered parents information log in for the Genie



Donations Appreciated:

Be Encouraged

The sign of *great parenting* is not the **child's behavior.**

The sign of truly *great parenting* is the **parent's behavior.**
Andy Smithson



Normal Vision

Program Updates:

A BIG welcome to Nancy McClelland! She is our new clerical at the Woodland Child Development Center and comes with years of experience in the K-12 system. Nancy is learning quick and loves spending time with the children, families and teaching staff in the classroom. Please make sure you stop in and say hi to welcome her to the family. We also have a new teacher at the Yuba College Child Development Center in Marysville; a BIG welcome to Adriana Perez. Before being hired as a permanent teacher, Adriana has worked in the classroom as a substitute, student aide, and ECE practicum student. She has her degree in Early Childhood and Education and brings a fresh new perspective to the program. We have five additional positions within the program that we are hoping to have filled by Spring semester 2017. To view the job announcement go to:

We always welcome your generous donations and appreciate your support.

Please check out the list below to see if there is anything you could provide for the children:

- uncooked rice, dry beans, dry pasta corn starch
- baking soda
- vinegar
- beads, buttons, old jewelry findings
- birdseed
- pinecones
- lots of different leaves
- recyclable & reusable containers: cardboard, plastic, glass (no Styrofoam please)
- bubbles
- sidewalk chalk
- flour
- salt
- cream of tartar
- food coloring
- vegetable oil



Learning Genie

Have you been receiving messages on your phone from your child's teacher? If not: ask your child's teacher for your Learning Genie pass code so you can download the app for free and get connected to your child's school community! Teachers send out pictures, work samples and notes periodically so you can stay connected and see what your child learns in their classroom. Beginning January 2017, ALL toddler families will be receiving their daily "paper" through the Learning Genie so work with Ms. Renee' so you can begin communicating now.



How Do I Know ... my Child is Learning in School?

As a State Funded program, we are mandated to conduct assessments on your child’s development. The core of all curriculum development are the California Preschool Learning Foundations which describe competencies—knowledge and skills—that most children can be expected to exhibit in a high-quality program before entering kindergarten. As companion volumes to the foundations, the California Preschool Curriculum Framework present strategies for early childhood educators that enrich learning and development opportunities for all California preschool children. Find information on each of the learning domains from the foundations and frameworks below:

<https://cpin.us/content/preschool-foundations-and-curriculum->



Thought for the Month...

*“Life affords no greater responsibility,
no greater privilege,
than the raising of the
next generation.”*

C. Everett Coop



VOLUNTEER HOURS:

At the Child Development centers, we have an open door policy that provides many opportunities for families & parents to get connected in their child’s school community. If you would like to volunteer on a regular basis or just help out for big events, we would love for you to join in and see first hand what the children are learning. Each center also has a Parent Advisory Board where you have the opportunity to engage in curriculum decisions, annual events, parent education, and talk about any program concerns you might have.

All gatherings provide an opportunity to connect with other parents and discuss just what it is like raising a preschooler or toddler too so that none of us are alone in the journey.

If you would like more information on how to get involved please take a moment to read about Family and Community Involvement in your Family Handbook pg. 24.

Parent Teacher Conferences in November



This is the time of year when teachers are completing their 60 day assessments on the children that enrolled in August and children who are due for a six month assessment. As part of the collaborative process, teachers will be scheduling a conference with you to discuss your child’s developmental progress and write a plan for building on those skills. Please check your child’s sign in sheet for your scheduled date/time so you are sure not to miss this important piece of your child’s education.



Dealing with Divorce and Effects on Kids: How to Help Children Cope with the Family Changes

Parenting is a challenging proposition no matter what the situation, but when a divorce is taking place, parenting becomes an obstacle course. Not only are you dealing with your personal tragedy and are attempting to keep your life moving forward, but in addition to dealing with your crisis you can only guess how your child is being affected, especially when the divorce is less than amicable.

Making matters worse is the new parenting arrangement that forces the parties to the divorce to suddenly become master communicators about parenting, school issues, and of course the visitation schedule. In some cases the joint custody agreements that now make up the majority of shared parenting requests during divorces are extremely complex and complicated, determining the when and where of parenting down to the second.

If you find that you are in this maelstrom of chaos, sit back and go back to the basics. Here to help you is the divorcing parent's guide to parenting in a simple do and don't listing.

The Do's

- Maintain an open door policy with your children and make yourself available at all times to talk about the separation of living quarters between you and your spouse. Your children need to understand that they had no role in your decision to divorce and that they are not to blame for anything that happened.
- Children will need to work through the grief that comes from losing the family. This might cause the typical stages of grief, including bargaining, reasoning and anger. You may find that you are the target for these emotions. Remain calm, even if your children express anger, and remember that you are the adult in the room. While you do not need to justify yourself to your children, you should answer their questions factually, in an age appropriate manner.
- Stabilize the upheaval your children are experiencing. This is not the time to move them to a new school or daycare center, but instead it is the time to keep everything exactly the same, even if you need to drive out of your way to pick up your children.
- Set up a support network. Your children's teachers, caregivers, and other adults should know that you are divorcing and on the lookout for odd behaviors. This may also help them to make themselves available if your children need to open up to someone other than you.
- Involve your children in your plans. If you are thinking of moving, enlist your children's help in the process. Give them a lot of warning ahead of time so they can get used to the idea. Anything that presents a change to their already upside down home environment should be discussed well ahead of the event.
- Listen closely to what your children tell you. No matter how small the matter may appear to you, to your child they may be of greatest significance, especially now that their living situation has changed completely.
- Come up with new family traditions and way of doing things. This provides a sense of continuity and also a sense of belonging.

Here are the Don'ts

- Refrain from speaking in negative terms about your former spouse. Remember that she or he is still your child's other parent, and no matter what you think about the person, your child still loves them dearly! Forcing your child to take sides will backfire on you, even if initially they side with you.
- Avoid using your children as messengers to your former spouse. If you have something to pass on, contact your former spouse or their attorney directly, but do not make your kids pass notes or carry verbal information back and forth. If it is a bad message, your children will be on the receiving end of the frustration!

Word to Live by

Truth be told, there is no easy way out of a divorce. Help yourself and your children to adjust to the new way of life with the help of a mental health specialist. In some cases it may take a bit of time for obvious behavioral outbursts to take place, but even if they are slow in coming, they are nonetheless virtually inevitable.

Remember that both you and your child are adjusting to the new living quarter, the environment, and the absence of the other parent. Individual and also family counseling may help everyone to move on.

<http://www.parent.net/article/kids-divorce.shtml>