



## Yuba College Foster Kinship Care Education "March 2017"

**"Helping to guide our children instill positive values in them!"**

**Mar 2<sup>nd</sup>, Thursday 10:00am**  
**"Advocating for your Child- By Luck or by Plan?"**  
 Is there values and success in our parenting? Since there isn't a parenting manual passed out with our children how do we create our own manual? Join to learn, and share some tips to help with the challenges of plan. Cooper Ave Baptist, 741-6750 to RSVP  
 Leslie Damshroeder, MSW, Post Adoption Social Worker

**Pre Approval Wednesday Mornings**  
**9:30am—12:30pm**

**Mar 1 "Pre Approval #3"**  
**Mar 15 "Pre Approval #4"**  
**Mar 22 "Pre Approval #5"**  
**Mar 29 "Pre Approval #6"**

For more information or to RSVP call **741-6750**  
 Cooper Ave Baptist Church, child care available

**Mar 2nd, Thursday, 6:45p.m.** **"Let's Talk"**  
**The Importance and Payoffs of Effective Communication**  
 Have you ever felt like you're not listened to? Do others take what you say the wrong way? Do your kids have "selective hearing?" If you answered 'yes' to any of these questions, please join us to find out how you can better understand others and how you can be better understood.  
 by: Willa Smith, Life **Cooper Ave Baptist 741-6750 to RSVP**

TRASTORNOS COMUNES DE SALUD MENTAL DE PADRES QUE AFECTA LA CRIANZA Y ESTABILIDAD DE SUS HIJOS  
**Emerita Banuelos, LCSW**  
 Jueves, 2 & 9 de Marzo, 2017  
 6:00pm—8:00pm



**Pre Approval Monday Evenings**  
**6:30pm—9:30pm**

**Mar 6 "Pre Approval #2"**  
**Mar 13 "Pre Approval #3"**  
**Mar 20 "Pre Approval #4"**  
**Mar 27 "Pre Approval #5"**

For more information or to RSVP call **741-6750** Yuba College, Bldg #300, Cafeteria Staff Lounge

*NO child care*

**Mar 14<sup>th</sup>, Tuesday 9:00 a.m.**  
**"Winter—Lifebook pages"**  
 Lifebook's are magic! They can bring together missing pieces of a foster child's life. BRING YOUR PICTURES! One kit will be provided. Join in the networking and fun as memories are created.  
**Cooper Ave Baptist Church 741-6750 to RSVP**

**Yuba College**  
 2088 N Beale Rd.  
 Bldg #300,  
 Cafeteria Staff Lounge  
**Ask about parking pass**

**Cooper Avenue Baptist Church**  
 804 Cooper Ave,  
 Yuba City  
 Parking lot on Clark Ave.  
 Next to Sutter County Library

**Mar 16<sup>th</sup>, Thursday, 9:30a.m.**  
**Caring Connections ~ "Good Character"**  
 Join in this inactive discussion about the value of character and how it can help our home. Lets talk about how we display it, how we teach it and our expectations of good character.  
 by: Leah Eneix  
**Cooper Ave Baptist Church call 741-6750 to RSVP**



**Mar 21st, Tuesday, 9:30am**  
**"LGBT & Foster Youth"**  
 Learn about the unique circumstances of LGBT youth experience, various challenges because of how others respond to their sexual orientation. Gay & lesbian youth are at greater risk for school failure than heterosexual. Learn how support can make a difference.  
**By: Stephanie Fischer, FMT**  
**741-6750 to RSVP Cooper Ave Baptist Church**

**Martes, 21 de Marzo 2017 de 6-8 de la tarde ?**  
**"Fortaleciendo los Lazos Familiares"**  
 Información y apoyo sobre diferentes temas de interés en Español.  
 Para mayor informacion  
 Llame a Cynthia 751-1925



**Mar 27<sup>th</sup>, Monday, 6:30p.m.**  
**"Tips & Strategies for Managing ADHD at HOME"**  
 Learn some tips and idea's that can help with keeping your ADHD child manageable. Please join us for an informative group to help with parenting a ADHD child.  
 by: Mary Pickering, LCSW  
**Cooper Ave Baptist Church call 741-6750 to RSVP**



**Attachment & Understanding Trauma-Informed Care**  
 Learning Attachment In Trauma-Sensitive Parenting  
**Thursday, Mar 30<sup>th</sup> 9:00am — 4:00pm**  
**Presented by: Ce Eshelman, LMFT**  
 Learn 7 areas of impairment in Children resulting from complex trauma exposure, 4 styles of attachment & core beliefs of securely attached children.  
**Call 741-6750 to RSVP**  
**Continental breakfast & Lunch provided**

**Apr 4<sup>th</sup>, Tuesday 9:00 a.m.** **"Spring—Lifebook pages"**  
**BRING YOUR PICTURES!** One kit will be provided. Join in the networking and fun as memories are created.  
**Cooper Ave Baptist Church 741-6750 to RSVP**

**April**

3	Pre Approval # 6 p.m.,	20	Connections a.m.,
4	Life books a.m.	20	Attachment p.m.
5	Thelma Amaya a.m.,	24	AHDH How to Manage
10	Pre Approval # 7 p.m.,		Interaction with Siblings
13	Advocating for your child a.m.	26	<b>Joint with ILP—Sex, drug and wrap &amp; roll pm</b>
18	Fortaleciendo los Lazos Familiares	27	CPR p.m.

