



Yuba College Foster Kinship Care Education "October 2017"

"Tell your children stories in which THEY are the Hero."

Pre Approval Monday Evenings 6:30pm—9:30pm

Oct 2 "Pre Service #4"
Oct 9 "Pre Service #5"
Oct 16 "Pre Service #6"
Oct 30 "Pre Service #7"

NO child care



For more information or **to RSVP call 741-6750**
Yuba College, Bldg #1600, Warren Hall, room I
Parking free in General East Parking lot

Oct 17th, Tuesday, 9:30am

"Emotional Expression and Effective Communication Skills"

In this presentation, you will learn new tools to recognize and express emotions as an adult and learn new ways to teach foster children to express themselves effectively. In addition, communication skills, including assertiveness training, will be discussed during the training. Participants will walk away with concrete skills and recommendations that they can start using immediately.

By: Stephanie Fischer, FMT 741-6750 to RSVP Cooper Ave Baptist Church



Oct 5th, Thursday 9:30am

"Advocating for your Child - How's your Child's Self Esteem"

Is perfect enough in the eyes of a child? Learn how to approach the child gently with curiosity and empathy. Joining in the class will help with idea's to build self esteem. How do we feel better about our parenting?

Cooper Ave Baptist, 741-6750 to RSVP

by: Leslie Damshroeder, MSW, Post Adoption Social Worker

Fortaleciendo los Lazos Familiares
Un Grupo de Apoyo e Información en Español
Para Familias

"Como Sostener el Bienestar de Nuestra Familia"

Martes, 17 de Octubre, 2017, 6-8 pm

(Las puertas se abren a las 5:45pm y el grupo comienza

Pun tualmente a las 6pm)

Para mayor información Llame a Cynthia Sandoval 751-1925



Pre Approval Wednesday Mornings 9:30am—12:30pm

Oct 4 "Pre Service #4"
Oct 11 "Pre Service #5"
Oct 18 "Pre Service #6"
Nov 1 "Pre Service #7"



For more information or **to RSVP call 741-6750**
Cooper Ave Baptist Church, child care available upon request

Oct 6th, Friday 9:30am

"Life Changing Solutions for the Two Top Tantrums"

Some of life's most difficult moments include the routines we go through every day. Morning meltdowns are common but not a necessary way to start the day. This workshop offers tricks & tips to make these hassles less troubling for the whole family.

Thelma Amaya, MSW, Child Development Behavioral

Consultation Program, Yuba Co Office of Education

Cooper Ave Baptist 741-6750 to RSVP for child care



Parenting with Dignity

"Whether you believe it or not, your children will make ALL the important decisions in their lives on their own. The only thing you as parents can do is teach them how to make good decisions."

Oct 12, 19 & 26 at 9:30am

A DVD lead series with a philosophy that teaches you to empower your children by teaching them HOW to make good decisions for themselves. It's about teaching **dignity** by having **dignity**. Join to learn, laugh and get common sense idea's.

Call for more information 741-6750
Cooper Ave Baptist Church

CPR
Oct 19
Thursday
5:45p.m.
Cooper Ave Baptist
Yuba City



Oct 23rd, Monday, 6:30p.m.

"Positive Power for ADHD"

"Helpful Interventions"

Hear first handed about what interventions worked and which did not. Bring your interventions and share as you learn new ideas. Listening to ourselves and others can be very beneficial for parenting ADHD children.

Carla Olmstead-Newman, ASW

Cooper Ave Baptist

RSVP at 741-6750

for attendance and child care



Oct 24th, Tuesday 9:00 a.m.

"Fall—Lifebook pages"

Lifebook's are a therapeutic tool! They can bring together missing pieces of a foster child's life. **BRING YOUR PICTURES!** One kit will be provided. Join in the networking and fun as memories are created.

Cooper Ave Baptist Church

741-6750 to RSVP



Oct 26th Thursday, 6:45p.m. **"More About Attachment"**

Attachment does matter! This DVD from TCU Institute will explore the critical role of attachment in a child's development. It goes beyond a loving bond between parents & child and reaches to much more. Attending this training will help to better understand what attachment might be in your child.

by: Leah Eneix, Certified Instructor

Cooper Ave Baptist Church call 741-6750 to RSVP

November

2—Advocating for your Child *am* 16—Parenting with Dignity *am*
3—Sassy, Sulky & Snarky Kids *am* 16—1st Aid *pm*
7—Perfectionism in Children *am* 27—ADHD *pm*
9—Parenting with Dignity *am* 30—Raising Children without
9—TCU Institute TBA *pm* losing your voice or your
14—Lifebooks *am* mind *pm*

