



## Yuba College Foster Kinship Care Education "April 2018"

**"Discuss your children's feelings & fears about safety"**



### Pre Approval Monday Evenings 6:30pm—9:30pm

- Apr 9 "Pre Service #3"
- Apr 16 "Pre Service #4"
- Apr 23 "Pre Service #5"
- Apr 30 "Pre Service #6"

*NO child care*



For more information or **to RSVP call 741-6750**  
 Yuba College, Bldg #1600, Warren Hall, room I  
 Parking free in General East Parking lot

### Pre Approval Wednesday Mornings 9:30am—12:30pm

- Apr 4 "Pre Service #1"
- Apr 11 "Pre Service #2"
- Apr 18 "Pre Service #3"
- Apr 25 "Pre Service #4"



For more information or **to RSVP call 741-6750**  
 Cooper Ave Baptist Church,  
 Child care provided only with a 24 hour request



### April 5th, Thursday, 9:30am

#### "Advocating for your Child - Easy Parenting?"

Learn how taking care of everyone else & neglecting ourselves can effect our parenting. Bring your concerns and ideas to share.

#### Cooper Ave Baptist, 741-6750 to RSVP

By: Leslie Damshroeder, MSW, Post Adoption Social Worker

Must request Child Care 24 hours in advance  
 call 741-6750 to Request/RSVP



### April 13th, Friday 9:30am "Busy Bodies in Motion"

Do you recognize your children's energy outlets? Learn about how exercises can be used as a way to improve behavior and build connection.

Thelma Amaya, MSW, Child Development Behavioral Consultation Program,  
 Yuba Co Office of Education

**Cooper Ave Baptist** Must request Child Care 24 hours in advance  
 Call 741-6750 to Request/RSVP

### Apr 5, Thursday 6:45pm

#### "Working Effectively with LGBT Foster Youth"

This training is an introduction to the LGBT population and the services available to them. The goal of this training is to understand and meet the needs of LGBT youth in out of home care.

by: Sherry Scott, Social Worker

Yuba College, Bldg #1600, Warren Hall, room I  
 Child care by calling 741-6750 to RSVP

### Apr 17th, Tuesday 9:00 a.m.

#### "Easter—Lifebook pages"

Lifebook's are a therapeutic tool! They can bring together missing pieces of a foster child's life. **BRING YOUR PICTURES!** One kit will be provided. Join in the networking and fun as memories are created.

**Cooper Ave Baptist**  
Must request Child Care 24 hours in advance

Call 741-6750 to Request/RSVP



### Apr 17th, Tuesday, 6:45pm

#### "Bullying awareness & Prevention"

You will learn about what bullying is and is not and the types of bullying. Learn what are some of the roles that play into the bullying arena.

By: Kristen Batchelder, MA, CCPS & Cynthia Martinez, CCPS from Sutter-Yuba Health Prevention & Early Intervention.  
 Cooper Ave Baptist Church, Yuba City  
**Child Care** by calling -741-6750



### Apr 10th, Tuesday, 9:30am

#### "Learning to Relax"

In this training you will explore various causes of stress in people lives. You will be learning techniques to use to decrease & notice tension & stress that you may carry.

By: **Stephanie Fischer, FMT** Cooper Ave Baptist

Must request Child Care 24 hours in advance  
 Call 741-6750 to Request/RSVP



### Apr 26th, Thursday 9:30am

#### "Children of addiction"

Hear about issues related to children that are raised in homes in which addiction is prevalent. Discussion about the impact on cognitive development that occurs in children exposed to addiction in their homes of origin.

By: Frank Sorgea, College Instructor  
 Cooper Ave Baptist

Must request Child Care 24 hours in advance  
 Call 741-6750 to Request/RSVP

### Commercially Sexually Exploited Children & Youth

Wednesday-April 18, 6:00 pm-9:00 pm

Riverside Meadows School, Plumas Lake

Thursday-April 19, 9:00am—noon

Yuba County Government Center Board of Chambers

Thursday-April 19, 6:00 pm-9:00 pm

Yuba County 1 Stop Beckworth Room

See enclosed flyer for more information

### Parenting with Dignity

April 10, 17, & 24 12:30pm

A DVD lead series with a philosophy that teaches you to empower your children by teaching them HOW to make good decisions for themselves.

Call for more information 741-6750 **NO child care**  
 Yuba College, Bldg #1600, Warren Hall, room I

### Apr 12th & 26th, Thursday, 6:45pm

#### "Kids Spell T-I-M-E"

Learn how to understand that Love is not just something you say! Join this training to hear about the "Five Rules" and how they matter.

Cooper Ave Baptist ~ Child Care call 741-6750



### Apr 23rd, Monday, 6:30p.m.

#### "Positive Power for ADHD"

##### "School Age Child"

Learn better ways to work with schools and better ways to communicate with teachers. Bring your concerns and questions.

Carla Olmstead-Newman, ASW

Cooper Ave Baptist

RSVP at 741-6750 for attendance & child care



### Yuba College

2088 N Beale Rd.  
 Warren Hall  
 Bldg #1600, rm I  
 Park in East General Lot

### Cooper Avenue Baptist Church

804 Cooper Ave,  
 Yuba City  
 Parking lot on Clark Ave.  
 Next to Sutter County Library

### May

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|------------------------------|---------------------------------|
| 1—Minority Stress am         | 1—Children of Addiction pm      |
| 2—Pre Approval #5 am         | 3—Advocating for your Child am  |
| 7—Pre Approval #7 pm         | 8—Lifebooks am                  |
| 10—Parenting with Dignity pm | 11—Children & Grief am          |
| 14—Pre Approval #1 pm        | 16—Pre Approval #6 am           |
| 17—1st Aid pm                | 17—Spanish Language Training pm |
| 21—Pre Approval #2 pm        | 21—ADHD pm                      |
| 23—Pre Approval #7 am        | 24—Bully Prevention am          |
| 24—Parenting with Dignity pm | 24—Spanish Language Training pm |
| 30—Pre Approval #1 am        | 31—Spanish Language Training pm |

