

Red

Do:

- o Present issues logically
- o Demand their attention and respect
- o Be direct, brief and specific in conversation
- o Be productive and efficient
- o Offer them leadership opportunities
- o Verbalize your feelings
- o Support their decisive nature
- o Promote their intelligent reasoning where appropriate
- o Be prepared with facts and figures
- o Respect their need to make their own decisions their own way

Don't:

- o Embarrass them in front of others
- o Argue from an emotional perspective
- o Always use authoritarian approach
- o Use physical punishment
- o Be slow and indecisive
- o Expect a personal and intimate relationship
- o Attack them personally
- o Take their arguments personally
- o Wait for them to solicit your opinion
- o Demand constant social interaction (allow for alone time)

Blue

Do:

- o Emphasize their security in the relationship
- o Be sensitive and soft spoken in your approach
- o Be sincere and genuine
- o Behave appropriately and well-mannered
- o Limit their risk level
- o Promote their creativity
- o Appreciate them
- o Allow ample time for them to gather their thoughts before expressing themselves
- o Be loyal
- o Do thorough analysis before making presentations

Don't:

- o Make them feel guilty
- o Be rude or abrupt
- o Promote too much change
- o Expect spontaneity
- o Abandon them
- o Expect them to bounce back easily or quickly from depression
- o Demand perfection (they already expect too much from themselves)

White

Do:

- o Be loving and sensitive
- o Be firm
- o Provide a structure (boundaries) for them to operate in
- o Be patient and gentle
- o Introduce options and ideas for their involvement
- o Be simple and open
- o Accept their individuality
- o Be casual, informal and relaxed
- o Look for non-verbal clues to their feelings
- o Listen quietly

Don't:

- o Be unkind
- o Expect them to always need others to play with
- o Force verbal expression
- o Be domineering
- o Be too intense
- o Overwhelm them with too much
- o Force confrontation
- o Speak too fast
- o Take away their day dreams
- o Demand leadership

Yellow

Do:

- o Be positive
- o Adore them
- o Touch them physically
- o Accept their playful teasing
- o Remember they are tender
- o Praise them
- o Remember they hold feelings deeply
- o Promote playful activities for and with them
- o Enjoy their charismatic innocence
- o Allow them opportunity for verbal expression

Don't:

- o Be too serious or sober in criticism
- o Push them too intensely
- o Ignore them
- o Forget they have "down" times also
- o Demand perfection
- o Expect them to dwell on problems
- o Give them too much rope or they may hang themselves
- o Classify them as "just" lightweight social butterflies
- o Attack their sensitivity
- o Totally control their schedules

Identifying Life Principles

*Every person can offer unique strengths to a relationship.

*Individuals with personal confidence feel little need for power plays with others.

*People that like themselves find it easier to like and accept others than do those who feel inadequate.

*When we spend energy belittling others and blocking their development, we limit ourselves from growing