



**FOSTER  
KINSHIP  
CARE  
EDUCATION**

Thursday, Feb. 8th 9:30 am - 11:30 am

### THE ADOPTION OPTION

Join us with questions or hear from other adopted families.

**IN PERSON**

**Where: 850 Cooper Ave YC  
Childcare available with  
RSVP: Diana 530-741-6750**

Thursday, Feb. 8th 6:00 pm - 8:00 pm

### DIGITAL CITIZENSHIP AKA CYBER BULLYING



**IN PERSON**

Presented by: Sutter Co. Probation  
Yuba College 2088 N Beale Rd  
rsvp please: 741-6750 or dadams@yccd.edu

THURSDAY, FEB. 15TH

### CPR/FIRSTAID CERTIFICATION



RSVP ONLY  
CALL 530-741-6750



Thursday, Feb. 22nd 10:00 am to 12:00 pm

### ATTACHMENT WHY IT MATTERS? PART 1

What attachment looks like. Four infant styles.  
When things go wrong. Understanding adult attachment

**VIRTUAL**

[click here to register](#)

ZOOM ID: 827-8699-5050

Tuesday, Feb. 27th 10:00 am - 12:00 pm

### LEARNED HELPLESSNESS

Learn how a helpless attitude effects our children in care

PRESENTER: STEPHANIE FISCHER LMF

**VIRTUAL**

[click here to register](#)

ZOOM ID: 815-0624-3939

Thursday, Feb. 29th 10:00 am to 12:00 pm

### ATTACHMENT WHY IT MATTERS? PART 2

Shaping the brain. Know your own history. Solutions.  
There is hope.

**VIRTUAL**

[click here to register](#)

ZOOM ID: 833-0094-0404

"KEEP LOVE IN YOUR HEART. A LIFE WITHOUT IT IS LIKE A SUNLESS GARDEN WHEN THE FLOWERS ARE DEAD"  
O"SCAR WILDE



**For more information and to RSVP**

**Contact: Diana Adams 530-741-6750**

**or email dadams@yccd.edu**