

YUBA COLLEGE DRUG & ALCOHOL ABUSE PREVENTION PROGRAM

DRUG AND ALCOHOL-FREE WORKPLACE AND COLLEGE PREMISES

1.1 The following program has been adopted to implement YCCD Board Policy 3550/3560 adopted on 12/3/2019. (Reference: YCCD Board Document 3550/3560):

[The Student Code of Conduct](#), supported by Education Code Section 60041, prohibits the unlawful possession, use, or distribution of illicit drugs and/or alcohol by students on its property or as part of any college sponsored activities.

Information regarding applicable legal sanctions under local, State, and Federal law for the unlawful possession or distribution of illicit drugs and/or alcohol is available to all students through the District Police Department.

Educational materials regarding the health risks associated with the use of illicit drugs and the abuse of alcohol are made available to all students through the District Counseling Services. Information regarding resources for drug or alcohol counseling and treatment are also available through the District Counseling Services.

The Chief Student Services Officer of the college will keep records of all student disciplinary actions and evaluate the consistency of all enforcement.

Reference: Drug Free Schools and Communities Act Amendment, 1989; Federal Drug-Free Workplace Act, 1988

1.2 The unlawful manufacture, distribution, dispensing, possession or use of a controlled substance is prohibited in all facilities under the control and use of the District. Any student or employee who violates this policy will be subject to disciplinary action by the college and/or local, state, or federal law. Disciplinary actions may include referral to an appropriate rehabilitation program, suspension, demotion, expulsion or dismissal. The Superintendent/President shall assure that the District distributes annually to each student and employee the information required by the Drug Free Schools and Communities Act Amendments of 1989 and complies with other requirements of the Act. (Board Document 3550/3560)

1.3 Yuba College is committed to preventing drug/alcohol abuse on any YCCD campus or center and in adherence to state and federal laws. Please read below the dangers or damages that substance abuse can cause.

Use or misuse of controlled substances can lead to overdose, sudden death, liver disease, psychological disorders, and brain damage. Long-term alcohol abuse can cause ulcers, gastritis, pancreatitis, liver disease, cancer, loss of coordination, heart disease, stroke, emotional distress, sexual dysfunction, and other health problems. Occasional misuse may cause:

- Impaired learning ability due to drowsiness, memory loss, and indifference to academic achievement
- Impaired judgment leading to physical accidents, unwanted pregnancy, sexually transmitted diseases, violent behavior, and financial problems
- Any drug used intravenously can spread AIDS or Hepatitis

1.4 Resources

Drug and Alcohol Prevention Programs and Resources, including Counseling, Treatment or Rehabilitation Programs

College Resources

[TimelyCare](#) – 24/7 behavioral health counseling and self-care resources are provided by Yuba College's virtual telehealth partner, TimelyCare. Services cover a variety of mental health and wellness topics, including addiction and substance abuse. Enrolled students can access free on-demand Talk Now services, as well as scheduled appointments and self-paced learning modules, by logging into TimelyCare using their YCCD email.

[Student Health Clinic](#) – Our clinic at the Marysville Campus is operated and staffed by our community health care partner, Harmony Health. Services for enrolled students include behavioral health support, health and wellness check-ups, educational materials on a variety of health and substance abuse prevention topics, and referrals for additional counseling, treatment, or rehabilitation programs. Fentanyl test strips and naloxone are also available at the Student Health Clinic. Additional health and wellness services are provided during special events, fairs, and group sessions at Sutter County Center. See website for current offerings at both locations, as well as the Marysville clinic's current operating hours.

[Basic Needs](#) – Community agency referrals, wellness workshops, annual health fairs, and more services are offered by the Yuba College Basic Needs Center. Call (530) 741-8988; Visit in Building 100B, Marysville. Resources are available at Sutter County Center by appointment, during special events, and at the Student Services Desk (grab and go snacks).

[YC Counseling](#) – Located in Building 100B at Marysville and by appointment at the Sutter County Center. Counselors can connect students to available campus and community resources related to substance abuse prevention and support. Phone: (530) 661-5703, Monday-Thursday 8:00am-6:00pm, Friday 8:00am-4:00pm (closed holidays, school breaks, and on Fridays during summer).

Local Community Resources

[Sutter-Yuba Behavioral Health](#) – Offers prevention and early intervention services and substance abuse prevention services. Visit the website or contact:

- Prevention & Early Intervention team, (530) 822-7215, PEI@co.sutter.ca.us
- Substance Use Prevention, (530) 822-7215, PEI@co.sutter.ca.us

[Sutter-Yuba Adult Substance Use Disorder Services \(SUDS\)](#) – Walk-in, telephone or telehealth screenings available through the Walk-in Open Access Clinic for adults over 18 years old. See [flyer](#) in English and Spanish for current office hours; call (530) 822-7200.

[Al-Anon and Alateen Family Groups](#) – Alcoholics Anonymous for family and friends worried about someone with a drinking problem. Find a local or virtual meeting at this group's website.

[Nar-Anon Family Groups](#) – Narcotics Anonymous for family and friends of addicts. Find a local or virtual meeting on this group's website.

[Sutter-Yuba Behavioral Health](#) – Offers Options for Change (OFC) program provides adult outpatient substance abuse disorder treatment for [adults](#) and [youth](#) including screening, assessment, treatment, and referrals to medication assisted treatment or residential treatment. Clinic location:

1965 Live Oak Blvd, Yuba City, CA 95991; Clients must call and register first. Call (530) 822-7200, ext. 1922.

[Sutter-Yuba Behavioral Health Network of Care](#) – Resource for individuals, families and agencies concerned with behavioral health. Visit the site to view programs, agencies and facilities by [topic or category](#), including Addiction and Substance Abuse, Crisis and Emergency Services, General Health Care, Safety and Prevention, and Support Groups.

[Sutter-Yuba Behavioral Health Psychiatric Emergency](#) (Crisis Services) – 24/7 Crisis Line (530) 673-8255 or Toll Free (888) 923-3800

State and National Resources

[California Department of Public Health Fentanyl Awareness](#) and [National Harm Reduction Coalition](#) – both websites provide facts about fentanyl and the dangers of this drug.

California Department of Education, Alcohol and Substance Abuse Prevention

Web: <https://www.cde.ca.gov/ls/he/at/preventionresguide.asp>

Start Your Recovery

Web: <https://startyourrecovery.org/>

National Institute on Drug Abuse

Phone: (301) 443-6441

Web: <https://www.drugabuse.gov/>

Opioid Overdose Educational and Preventative Information (as required by SB 367)

[Substance Abuse Prevention for College Students](#) – provided by the Substance Abuse and Mental Health Services Administration

[Opioid and Substance Abuse Prevention for Adult Role Models](#) – provided by California Department of Public Health

[Know the Signs and Take Action – PDF](#) provided by California Department of Public Health

[Stop Opioid Overdose with Naloxone](#) – From the California Department of Public Health: Naloxone (commonly known by brand name “Narcan”) is a life-saving medication used to reverse an opioid overdose, including heroin, fentanyl, and prescription opioid medications.

[Protect Friends and Family with Lifesaving Naloxone](#) – Video provided by Centers for Disease Control and Prevention

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1.5 Legal Sanctions

The Yuba Community College District Student Code of Conduct prohibits the use, sale, or possession on campus of, or presence on campus under the influence of, any controlled substance. Controlled substances include cocaine, marijuana, LSD, heroin, methadone, fentanyl, mescaline, peyote, and methaqualone, among others.

If you abuse drugs or alcohol on campus or appear on campus or at a college-sponsored function under the influence of drugs or alcohol, you can be suspended, expelled, and/or criminally prosecuted. The penalties for the more common offenses are:

- Possession or use of alcohol: year in jail and/or fine
- Possession of marijuana: criminal citation and fine
- Possession of cocaine: imprisonment in a state prison
- Sales of any illegal drug: imprisonment in a state prison
- Possession or use of alcohol by a minor: one year in jail and/or fine
- If you are a student employee, you may be terminated
- You are required to report any convictions within five days of the occurrence
- You will be ineligible for financial aid

Reference: (Board Document 3550)

2.0 Implementation

2.1 The District will notify students and employees that the unlawful manufacture, distribution, dispensing, possession or use of illicit drugs and alcohol is prohibited in the workplace and college premises. The notice will include the actions that will be taken for violation of such prohibitions.

2.2 A drug and alcohol awareness program will be established to inform students and employees about the dangers of drug and alcohol abuse and the District's policy of maintaining drug and alcohol-free workplace and college premises. Information will be provided regarding drug and alcohol counseling and rehabilitation programs and the penalties that may be imposed upon students and employees for violations occurring in the workplace and colleges.

2.3 Each employee will be given a copy of the policy statement annually regarding the drug and alcohol-free workplace and college premises.

2.3.1 Employees will be notified that, as a condition of employment under any federal or state contract/grant to the District, the employee will abide by the terms of the policy. The employee shall notify the District of any criminal drug statute conviction for a violation occurring in the workplace no later than five days after such conviction.

2.3.2 Within ten (10) days after receiving notice from an employee or otherwise receiving actual notice of conviction, the District will notify the contracting agency in accordance with the Drug-Free Workplace Act.

2.3.3 Within thirty (30) days of receiving notice with respect to any employee who is convicted, the District will take appropriate personnel action against such employee, which may include termination; or require such employee to participate satisfactorily in a drug or alcohol abuse assistance or rehabilitation program approved for such purposes by a Federal, State, or local health, law enforcement, or other appropriate agency.

2.4 Each student will be given a copy of the policy statement annually regarding the drug and alcohol-free workplace and college premises. Violation of this policy by students shall result in

disciplinary sanctions up to and including expulsion and may include the completion of an appropriate rehabilitation program.

2.5 In addition to disciplinary sanctions, violators may be prosecuted under applicable state or federal law.

2.6 Students and employees will be informed of the health risks associated with the use of illicit drugs and the abuse of alcohol, and will be advised of the availability of drug or alcohol counseling, treatment or rehabilitation programs.

3.0 Review Process

3.1 A biennial review process will be led by the Yuba College Chief Student Services Officer. The review of prevention and treatment resources will also be conducted in collaboration with the college's health care provider and Yuba Community College District Office as necessary.

4.0 Smoking Policy

YCCD Board Policy 3570: Smoking and Use of Tobacco Products: smoking, vaping, and the use of tobacco is prohibited on all district/college property. Smoking is defined as inhaling, exhaling, burning, or carrying any lighted or heated cigar, cigarette, pipe, or any other lighted or heated tobacco or other product intended for inhalation, in any matter or in any form. Smoking also includes the use of e-cigarettes. An e-cigarette is any oral device that provides a vapor of nicotine or any other substance for inhalation. E-cigarettes do not include products approved by the United States Department of Food and Drug Administration for medical treatment.

For individuals interested in quitting smoking or smokeless tobacco use please call the California Smokers' Helpline at 1 (800) NO-BUTTS or visit: www.nobutts.org.

Biennial Review: Yuba College's Drug and Alcohol Abuse Prevention Program was reviewed and resources were updated on October 1, 2024